

Actualités du traitement orthopédique des déviations rachidiennes

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BRAIST

Bracing in Adolescent Idiopathic Scoliosis Trial (BrAIST)

This study is currently recruiting participants.

Verified by National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS), September 2009

First Received: March 14, 2007 Last Updated: September 1, 2009 [History of Changes](#)

Sponsor:	National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)
Collaborators:	University of Iowa Canadian Institutes of Health Research (CIHR) Shriners Hospitals for Children Children's Mercy Hospital Kansas City University of Rochester
Information provided by:	National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)
ClinicalTrials.gov Identifier:	NCT00448448

► Purpose

Adolescent idiopathic scoliosis (AIS) is a structural curve of the spine with no clear underlying cause. Bracing is currently the standard of care for preventing curve progression and treating AIS. However, the effectiveness of bracing remains unclear. The purpose of this study is to compare the risk of curve progression in adolescents with AIS who wear a brace versus those who do not and to determine whether there are reliable factors that can predict the usefulness of bracing for a particular individual with AIS.



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Washington University in St. Louis

**Welcome to
BrAIST -
The Bracing in
Adolescent
Idiopathic
Scoliosis Trial**

Critères d'inclusion

► Eligibility

Ages Eligible for Study: 10 Years to 15 Years
Genders Eligible for Study: Both
Accepts Healthy Volunteers: No

Criteria

Inclusion Criteria:

- Diagnosis of AIS
- Skeletally immature (Risser grade 0, 1, or 2)
- Pre-menarchal or post-menarchal by no more than 1 year
- Primary Cobb angle between 20 and 40 degrees
- Curve apex caudal to T7 vertebrae
- Physical and mental ability to adhere to bracing protocol
- Ability to read and understand English, Spanish, or French
- Documented insurance coverage and/or personal willingness to pay for treatment

Exclusion Criteria:

- Diagnosis of other musculoskeletal or developmental illness that might be responsible for the spinal curvature
- History of previous surgical or orthotic treatment for AIS

Scoliose idiopathique de l'adolescent

Fille ou garçon

De 10 à 15 ans

Risser 0-2

Courbures entre 20° et 40°

TLSO sans plâtre préalable

RIEN



Randomisé

Porté au moins 18 heures par jour

1er bilan – août 2010

Tracking Information

First Received Date March 14, 2007
ICMJE

Last Updated Date September 1, 2009

Start Date ICMJE February 2007

Estimated Primary Completion Date August 2010 (final data collection date for primary outcome measure)

Current Primary Outcome Measures
ICMJE
(submitted: February 29, 2008)

- Progression of Cobb angle to greater than 50 degrees (proxy for surgical indication) [Time Frame: Measured throughout study] [Designated as safety issue: No]
- Cessation of skeletal growth [Time Frame: Measured throughout study] [Designated as safety issue: No]

Original Primary Outcome Measures
ICMJE
(submitted: March 14, 2007)

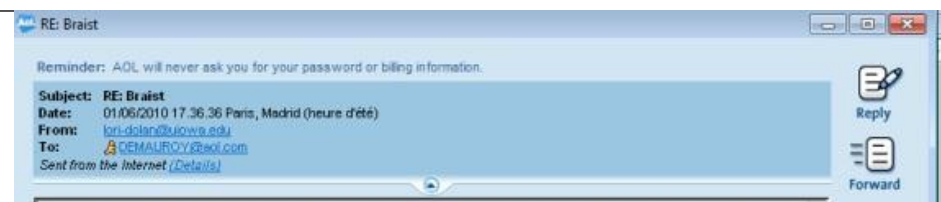
- Progression of Cobb angle to greater than 50 degrees (proxy for surgical indication)
- Cessation of skeletal growth

Change History [Complete list of historical versions of study NCT00448448 on ClinicalTrials.gov Archive Site](#)

Current Secondary Outcome Measures
ICMJE
(submitted: February 29, 2008)

- Clinical measures [Time Frame: Measured every 6 months] [Designated as safety issue: No]
- Radiographic measures [Time Frame: Measured every 6 months] [Designated as safety issue: No]
- Psychosocial measures [Time Frame: Measured every 6 months] [Designated as safety issue: Yes]

Le mail



- Hello Dr. de Mauroy -

- Very nice to hear from you. I'm sorry I wasn't able to attend SOSORT this year.

- **My message about bracing is that there is no high level evidence supporting the hypothesis that bracing decreases curve progression to a Cobb angle of 50 degrees or greater in children at high risk for curve progression**

- This message has been supported by several systematic reviews including the recent Cochrane Collaboration report headed by Dr. Negrini.

- I would love to hear more about your study and to offer my assistance - please let me know if I can help.

- **Lori Dolan**